

Medicines Management Team Advisory Summary

Sunscreens can only be prescribed for ACBS approved indications listed below. Any other patients should be advised to purchase sunscreen over the counter.

Formulary Status

3Ts

BCAP

ICID

Green for ACBS conditions only

Prescribing Guidance

- Preparations are available on prescription when endorsed 'ACBS' for certain conditions
- ACBS conditions for specified sunscreens when prescribed for skin protection against UV radiation in **abnormal cutaneous photosensitivity** resulting from
 - genetic disorders or photodermatoses, including vitiligo; and those resulting from radiotherapy; chronic or recurrent herpes simplex labialis.
- This is the **only** condition for which sunscreens can be provided on the NHS
- Sunscreen preparations contain substances that protect the skin against UVA and UVB radiation, but they are no substitute for covering the skin and avoiding sunlight.
- General Practitioners are reminded that the Advisory Committee on Borderline Substances recommends products on the basis that they may be regarded as drugs for the treatment of specified conditions
- Preparations with SPF of less than 30 are not recommended.
- The only preparations that meet the ACBS criteria are:

Anthelios® XL melt-in cream SPF 50+		50 mL = £3.80
Sunsense® Ultra Lotion SPF 50+		50-mLroll-on= £5.01; 125ml £8.14; 500ml pump =£18.17
Uvistat®	Cream SPF 30	125m = £7.45
	Cream SPF 50	125ml = £8.45
	Cream SPF 50	5g = £2.99

Recommended Actions

Prescribe only in accordance with the guidance above. If ACBS prescribing criteria not met, review and STOP prescribing the sunscreen. Review patients on other sunscreens and STOP or change to preparation that meets ACBS criteria above, if appropriate.

Patients should be advised to purchase OTC if don't meet ACBS criteria.

Patient Resources

Sun Smart

<http://www.cancerresearchuk.org/about-cancer/causes-of-cancer/sun-uv-and-cancer/advice-and-prevention>

References

1. Drug Tariff Available from: <http://www.drugtariff.nhsbsa.nhs.uk> [Accessed 02 May 2017].
2. BNF chapter 13.8.7 Available from: <http://www.evidence.nhs.uk/formulary/bnf/current/13-skin/138-sunscreens-and-camouflagers/1381-sunscreen-preparations> [Accessed 02 May 2017].
3. PrescQipp (2016) Bulletin 138 Available from: <https://www.prescqipp.info/resources/send/295-sunscreens/2709-bulletin-138-sunscreens> [Accessed 30 May 2017].