

## Guidelines for the prescribing of Stoma Appliances

New stoma patients will be discharged from hospital with at least 2 weeks supply of products.

They will have contact with a Specialist Stoma Nurse within 7 working days of discharge, who will manage the patient's product requirements until they become stable.

Once the ongoing product requirements are established, the nurse will write to the GP with full product details, and the supply route that the patient wishes to use: Community Pharmacy, Dispensing GP or Dispensing Appliance Contractor.

**Stoma bags (pouches), flanges or belts** need to be individually tailored and hence cannot be included in a formulary. For these prescriptions, **GP practices should check the quantities being requested are reasonable as follows:**

### Appropriate Quantities and use for stoma items (table 1)

Appliance	Quantity per month	Prescription directions	Normal Usage	Notes
<b>Colostomy bags</b>	30-90 bags	Remove and discard after use.	1 – 3 per day	Not re-usable. Can be 1 or 2 piece.
<b>Ileostomy bags</b>	10-30 bags	Drain as required. Use new bag every 1-3 days.	1 every 1 to 3 days	Drainable. Can be 1 or 2 piece.
<b>Urostomy bags</b>	20-30 bags	Drain as required. Use new bag every 1-3 days.	1 every 1 to 3 days	Drainable. Can be 1 or 2 piece. Require additional night bag.
<b>Night drainage bags</b>	4 bags (1 box of 10 bags every 2-3 months)	Use a new bag every 7 days.	1 per week	Drainable. Rinse as directed by stoma care nurse.
<b>Flange (for 2 piece system)</b>	15 flanges	Change every 2-3 days.	1 every 2 to 3 days	The flange is not changed at every bag change.
<b>Bag Belts</b>	3-6 per year	Usage may vary	variable	Washable and re-usable

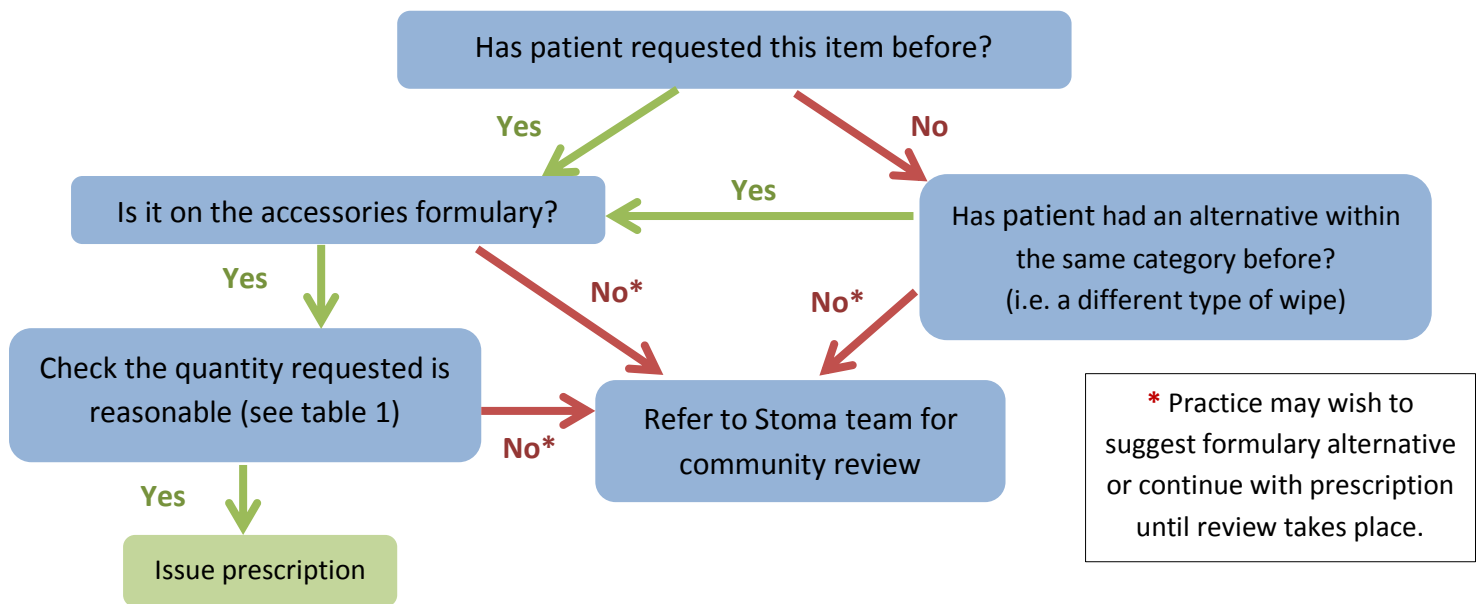
### Stoma Accessories Formulary

The Specialist Stoma Nurses have devised a limited formulary for stoma accessories: these are regarded as clinically and cost effective choices (see page 4).

New patients will be commenced on formulary choices (the nurse will discuss with the GP if there is a clinical reason for different product requirements). Stoma nurses will be conducting community-based stoma patient reviews for all existing patients to ensure the most appropriate products are being used and to switch to formulary choices wherever possible.

In the meantime, stoma accessory products can be prescribed by a GP practice as follows:

## Flow chart for requests for stoma products on prescription



If it is decided to stop prescriptions for specific accessories, the following statement may help explaining this to patients:

"Our overall aim in prescribing stoma appliances is to provide the best products for each individual patient to avoid sore skin and prevent other problems developing with a stoma. Stoma patients will be supplied with products that are necessary and appropriate. National NHS guidance states that some products should not be routinely recommended: these include deodorants, skin washes, bag covers and underwear. These products will not be supplied unless agreed as being essential by your stoma nurse. Wiltshire CCG has to make best use of limited NHS resources and so follows this guidance and would expect patients to fund these items themselves."

Source: PrescQIPP guidance on prescribing stoma appliances in General Practice

### Stoma Nurse Contact Details:

Practices may refer patients to the Stoma Nursing Team, or patients may self-refer:

#### Salisbury:

Clinical Nurse Specialists: **Sandra Bryan, Suzie Dukes, Michelle Boucher**  
 Stoma Care Dept, Salisbury NHS Foundation Trust, Salisbury, Wilts, SP2 8BJ  
**01722 429256** 8.30am – 4.30pm Monday – Friday

#### Great Western Hospital:

Specialist nurses: **Judy Hanley, Kim Walker and Lorraine Coston.**  
 Stoma Care Team, Great Western Hospital, Swindon, Wilts SN3 6BB  
**01793 646202** 8.00am – 5pm

#### Royal United Hospital:

Stoma Care nurses: **Angela Wallace, Hazel Brooks**  
 Royal United Hospital  
 Bath BA1 3NG  
**01225 824056** 8am – 4pm

## NHS Wiltshire CCG Stoma Accessories Formulary

	Pack size and price	Price	Product code	Quantity per month and comments
<b>Medical adhesive removers</b>				
<b>Sprays:</b>				
Stocare Remover Spray	50ml	£6.00	STC100	1-2 cans per month. No fragrance.
Salts wipe away plus	50ml	£6.63	WAP	Mint fragrance.
Dansac easi-spray	50ml	£6.50	083-01	No fragrance.
<b>Wipes:</b>				
OstoMart Ostoclear wipes	30 wipes	£9.13	MRW1	1 box of 30 per month.
Salts Adhesive Remover Wipes with mint	30 wipes	£8.65	WAP2	Mint fragrance.
<b>Skin barrier wipes</b>				
Ostomart Ostoguard wipes	30 wipes	£20.79	RMC3	1 box of 30 per month. Lavender fragrance.
Dansac Non sting protector wipes	30 wipes	£23.78	081-30	No fragrance.
Stocare protect - protective barrier wipe	30 wipes	£12.95	STC250	No fragrance.
<b>Skin protection</b>				
Convatec Orahesive powder	25g	£2.46	S106	1 tube every 3-6 months. For weeping or broken skin.
Hollister Adapt stoma powder	28.3g	£2.62	7906	One pack every 3-6 months. Easier to use pack.
<b>Paste</b>				
Salts Stoma paste	60g	£3.81	SP60	2 tubes/month. Skin filler/aids adhesion.
Hollister Adapt paste	57g	£3.93	79300	Skin filler/aids adhesion.
<b>Flange extenders/security strips</b>				
Coloplast Brava	Box of 20	£12.97	12070	20-80 per month. Used at every pouch change.
Silex/Trio - silicone flange extender	Box of 20	£13.01	TR1060	Security for patients skin fold/hernias.
<b>Pouch Clips</b>				
Convatec	Box of 10	£3.50	S207	2 packs of 10, per year
<b>Product groups not to be prescribed: Deodorisers, skin cleansers and washes, support underwear, stoma seals (unless specified by specialist nurse), stoma collars, stoma filters, liquid or aerosol adhesives (only sprays and wipes as above), lubricants, gauze swabs.</b>				