

# Primary Hypercholesterolaemia (Heterozygous-familial and Non-familial) and Mixed Dyslipidaemia PCSK9 Pathway

Alirocumab or Evolocumab are recommended as options for treating primary hypercholesterolaemia or mixed dyslipidaemia, only if: Low-density lipoprotein concentrations are persistently above the thresholds specified below despite maximal tolerated lipid-lowering therapy. That is, the maximum dose has been reached or further titration is limited by intolerance or therapy is contraindicated (as defined in [NICE CG71](#)).

## Primary non-familial hypercholesterolaemia

With CVD and high risk\* and LDL persistently >4.0 mmol/l

With CVD and very high risk \*\* and LDL persistently >3.5 mmol/l

## Mixed dyslipidaemia

With CVD and high risk\* and LDL persistently >4.0 mmol/l

With CVD and very high risk \*\* and LDL persistently >3.5 mmol/l

## Primary heterozygous-familial hypercholesterolaemia

Without CVD and LDL persistently >5.0 mmol/l

With CVD and high risk\* or very high risk\*\* and LDL persistently >3.5 mmol/l

LDL-C persistently above threshold defined locally as at least two consecutive LDL-C readings over a minimum 3 month period.

### Consider initiating either:

Alirocumab: 75mg or 150mg s/c injection every two weeks OR 300mg s/c every month

**OR**

Evolocumab: 140mg s/c injection every two weeks

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**Blueteq required at initiation and 1 year review. Assess response within 3 months of initiation.**

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\*High risk of cardiovascular disease is defined as a history of any of the following: acute coronary syndrome (such as myocardial infarction or unstable angina requiring hospitalisation), coronary or other arterial revascularisation procedures, chronic heart disease, ischaemic stroke, peripheral arterial disease.

\*\*Very high risk of cardiovascular disease is defined as recurrent cardiovascular events or cardiovascular events in more than 1 vascular bed (that is, polyvascular disease).