

OTC - easy as 1 2 3

1**Advice** - think 'pharmacy first'

Your local pharmacist is an expert in medicine. They can advise you about common ailments and provide over the counter medicines

2**Accessible** - the high street can help

You can buy a variety of affordable over the counter medicines from pharmacists, local shops and the high street

3**As good as prescribed!**

Many over the counter medicines are the same as those your GP can prescribe



**Over
the
Counter**

Prescribing of Over the Counter medicines

For 35 minor, short-term health conditions over the counter medicines will not be routinely prescribed.

For more information visit www.bswccg.nhs.uk

