



MOCH MONTHLY

Issue 1, September 2019

Medicines Optimisation in Care Homes (MOCH) Newsletter for Care



Events:

Tissue Viability Link Nurse Course

3rd September 2019 at Trowbridge Rugby Club,
Trowbridge, BA14 6JB

Course fee £175



All about you!

Welcome to the first MOCH monthly.

We will cover relevant topics relating to Care Homes over the coming months. If you would like any specific information or topics, do email us (at the bottom of the page). If you have any successes we would be glad to share that too.

We will share our findings from visiting you all, to support you with common issues and points of concern.

If you need any support or would like a visit, you are always welcome to email in at any time.

CQC FAQs: PRN (when required) medicines

Medicines with a PRN (pro re nata) or 'when required' dose can be prescribed to treat short-term medical conditions or long-term conditions when people experience 'flare-ups' such as reliever medicines for people with asthma. Other common examples include medicines for pain, indigestion, anxiety and insomnia.

What do we expect?

We seek to identify whether there is clear guidance in place for 'when required' medicines. We also look for information on the reason for administration and seek assurance that the outcomes of 'when required' medicines are assessed to ensure that treatment is effective. It is good practice that 'when required' medicines are reviewed regularly to ensure that there is a continued need for them to be prescribed.

The FAQ can be found at:

<http://www.cqc.org.uk/guidance-providers/adult-social-care> (Links to an external site.)[Links to an external site.](#)

6 Month Summary Update (January to June 2019)

123 Homes visited

10 Homes declined a visit

73% of the area complete

At least 2,000 interventions made, and the NHSE waste audit in progress

What's next....

- Aim to visit the remaining 27% of homes
- Offer support and training to emerging PCN Pharmacists
- Continue to offer support and guidance to Wiltshire care homes around medicine use
- Continue to support cost-effective prescribing
- Continue to collect data for NHSE Waste Audit

Thickener alert

<https://www.england.nhs.uk/wp-content/uploads/2015/02/psa-thickening-agents.pdf>

Wiltshire Health and Care - SALT teams

North 01249 456418 (based in Chippenham hospital)

Other 01225 711461 (based in Trowbridge hospital)

<https://prescribing.wiltshireccg.nhs.uk/care-homes> for our guidance on thickeners

Email us at wccg.moch@nhs.net

To view WCCG Medicines Management MOP Up Newsletter, sent to all GP Practices and Community Pharmacies within Wiltshire, please see <https://prescribing.wiltshireccg.nhs.uk> Tel: 01380 733881