



MOCH MONTHLY

Issue 6, February 2020

Medicines Optimisation in Care Homes (MOCH) Newsletter for Care



All about you!

Thank you to those of you that have been in touch.

We appreciate the feedback and positive response to our service.

Remember to let us know if there is anything you need our support with.

NHS email accounts

Please ensure you are working towards obtaining a generic care home email address, like carehome.name@nhs.net. The NHS is getting hospitals and surgeries to turn off their fax machines in March 2020. Ask your local pharmacy what their plans are to discontinue insecure fax usage.

Do look again at our November 2019 special edition newsletter about how to do that.

<https://prescribing.wiltshireccg.nhs.uk/care-homes-moch>

Promoting self-care and homely remedies

Are you supporting your residents to self-treat minor ailments as shown in the guidance from CQC?

<https://www.cqc.org.uk/guidance-providers/adult-social-care/treating-minor-ailments-promoting-self-care-adult-social-care>

Do you need any support to make this happen? If you would like some help, do get in touch. GP's have a duty under the NHS to encourage self-care for minor, self-limiting conditions like ear wax removal, hayfever, and short-term pain relief even for people who live in care homes.

<https://www.england.nhs.uk/medicines/conditions-for-which-over-the-counter-items-should-not-routinely-be-prescribed/conditions-for-which-over-the-counter-items-should-not-routinely-be-prescribed-in-primary-care-implementation-resources/faqs/>

Good Medicines Management:

A robust and accurate ordering process is paramount to a successful delivery of medicines, if you need any support please contact the MOCH team and we will come and help you.

Have you seen this?

CQC newsletter January 2020

The CQC is in a unique position to be able to drive improvement in this area by highlighting to you the importance of the guideline [NG67](#) and the associated [quality standard](#). There are also plenty of [tools](#) and [resources](#) to assist you, as well as our report on [medicines in health and social care](#)

https://www.cqc.org.uk/sites/default/files/20190605_medicines_in_health_and_adult_social_care_report.pdf

Email us at wccg.moch@nhs.net