



MOPUP

Medicines
Optimisation
Update

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BSW Area Prescribing Committee (APC) Updates

The [BSW APC website](#) includes information on the APC and the formulary decision making process. Decisions from the Feb 2021 meeting have been ratified and can be found in full [here](#).

- Updated - [AWP SCA for Lithium for Bipolar Affective Disorder or Recurrent Depression in ADULTS](#). AWP have updated the SCA for lithium that covers BSW (and BNSSG) and published on the new SCA template.
- Updated - [BSW Guidance for use of Proton Pump Inhibitors in Adults](#). Update includes information about restricted use of omeprazole suspension and includes esomeprazole granules and esomeprazole gastro-resistant tablets as options for those with swallowing difficulties.
- Update – [BSW Management of Constipation in Adults Guidelines](#). Aligned for BSW and condensed to focus on the drug treatment pathway.
- Update – [BSW Management of IBS with Constipation in Adults](#). Aligned for BSW.

Introducing Suzie Dukes

In March 2021 BSW CCG employed a specialist stoma nurse to work within the Medicines Optimisation team to support GP practices and/or Primary Care Network (PCN) teams and POD. The role is to include taking the lead in improving appropriate prescribing of ostomy products/appliances across the BSW CCG, training and education to improve the quality of care of patients across the CCG. Suzie is a stoma care clinical nurse specialist who is continuing at SFT for 2 days per week and working 3 days in this role for the next 12 months.

The current stoma care formulary can be found at <https://prescribing.bswccg.nhs.uk/wpdm-package/wiltshire-guidelines-for-prescribing-stoma-appliances> but is in the process of being updated. Suzie hopes to produce more comprehensive information regarding stoma care and appliances for those who prescribe and would like more knowledge. If you have any queries regarding stoma products please direct them to the BSW Prescribing inbox bswccg.prescribing@nhs.net.

Reducing Problematic Polypharmacy – Wessex Academic Health Science Network (AHSN) Podcasts

Similar issues come up time and time again in relation to polypharmacy and stopping medicines in the older person. Listen to **Clare Howard** (Pharmacist and Clinical Lead for Medicines Optimisation with Wessex AHSN and the AHSN Network) and **Robin Fackrell** (Consultant Geriatrician at the Royal United Hospital NHS FT and Associate Director Aging Well and Frailty, Bath) discuss the common issues and how prescribers might tackle them differently in these bite-sized podcasts [Medicines Optimisation: Polypharmacy \(wessexahsn.org.uk\)](https://www.wessexahsn.org.uk/medicines-optimisation-polypharmacy).

Structured Medication Review and Medicines Optimisation

NHSE have published an *updated* service specification for the Structured Medication Review (SMR) and Medicines Optimisation element of the PCN Network Contract Direct Enhanced Service (DES) which can be found here [SMR & Meds Opt DES](#).

Safety and Quality Updates

Chloramphenicol Preparations – In Nov 2019, EMA published '[Excipients in the labelling and package leaflet of medicinal products for human use](#)' which states that preparations which contain boric acid (and borates) above a certain threshold need to include a warning in their package leaflet.

It has been brought to our attention that some Chloramphenicol products which are available in the UK have now updated their SPC wording to include the following warning: 'Do not give to a child less than 2 years old as this medicine contains boron and may impair fertility in the future', or with age under two years listed as a contraindication.

The use of chloramphenicol eye drops in children is under review by the Neonatal and Paediatric Pharmacy Group (NPPG), as well as the local policy and treatment guidance for those age <2 years by our local acute trust specialists. Further guidance will be available shortly and via update on [BSW Summary of Primary Care Infection Children Guidance](#).

The Primary Care Network dashboard – NHS ViewPoint- A new PCN Dashboard has been made available on 'NHS ViewPoint' recently. This analytic tool will support PCNs to understand their local population health priorities and the benefits they are delivering. It will include indicative data on performance and achievement for the Investment and Impact Fund indicators (IIF), as well as PCN service delivery, workforce and progress with recruitment. Some indicators draw on data which has been extracted from GP IT systems. Further information about these indicators can be found on [NHS Digital's](#) website.

The dashboard is refreshed when new data sources are updated, providing a consistent and current view. It's accessible to all PCNs and generates shared and comparable views across the country. To access, [register](#) on the Insights Platform or log in using your existing [Insights Platform account](#) and select the NHS ViewPoint product. A user guide is available on [FutureNHS](#).

FDB OptimiseRx Lunchtime Learnings 2021

From April 22nd to May 13th, FDB are running a weekly online webinar about FDB OptimiseRx which we are hoping you would like to invite your practices to. The sessions are aimed at end users of OptimiseRx (e.g. GPs, PCN Pharmacists, Non-medical prescribers) so may be of interest to Prescribing Leads/PCN Clinical Directors.

The session will cover:

- How OptimiseRx has supported PCN and practice teams during the peak COVID-19 periods
- Understand how OptimiseRx content reflects the latest national guidance and helps promote best practice prescribing
- The integration within clinical systems, and what this means for PCN and practice end users of OptimiseRx
- From the perspective of your job role, showcase how OptimiseRx can benefit and help PCNs and practices deliver value to their healthcare priorities

There are 4 webinars, 2 each for users of either the EMIS Web or TPP SystemOne clinical system. Follow the link to choose a webinar to join; approximate run time will be 45 mins.

https://interactive.fdbhealth.com/optimiserx_lunchtime_learnings_2021.

Dapagliflozin in Heart Failure

This will be landing soon in Primary Care. Following on from the NICE TA published in February 21, locally developed guidance is to be presented at the Area Prescribing Committee in a few weeks' time. Until then, we do not have guidance approved for primary care prescribing. There are important nuances for using dapagliflozin in heart failure (as opposed to diabetes which we are all more familiar with) that prescribers should be aware of, so please push back any prescription requests to specialists until the guidance is agreed and published.

Website Updates

New document uploaded to the MOT website:

Resources to Support Review of **Hydroxocobalamin** Prescribing

<https://prescribing.bswccg.nhs.uk/?wpdmdl=8461>