

Treatment Pathway for Increasing & Higher Risk Drinkers

Indication of Increasing Higher Risk Drinking seen at GP Practice

Complete 'AUDIT'

Score 16-19
Higher Risk

Score 20+
Likely Moderate or Severe
Dependence

1. Give Brief Advice
2. Ask patient to complete 2-week Drink Diary
3. Refer to DHI

Onward Referral to DHI
(Psychosocial Interventions)

Patient presents at DHI with
Drink Diary

Withdrawal
Symptoms?

Yes

If Detox
Required? Refer to
SDAS

No

Psychosocial Support— DHI
(Computer Assisted Therapy)

Option to Prescribe Nalmefene (as
per [NICE Guidance](#)) by SDAS

Review Quarterly by DHI and/or SDAS

Continue Treatment.
(at 12 months stop prescribing and
review/ exit)

Treatment
adherence
& goals

No

Yes

Stop Nalmefene and Exit Pathway

SIGNPOST
Relapse Prevention/Mutual Aids/SMART/AA